1. A method to suppress AMR noise from a magnetic shield having a surface and a resistance, comprising:

coating said shield with a layer of conductive material having a resistance, parallel to said surface, that is between about 0.2 and 0.1 times said magnetic shield resistance.

- 5 2. The method recited in claim 1 wherein said magnetic shield is NiFe, CoZrNb, NiFeCr, NiFeTa, or FeAlSi.
  - 3. The method recited in claim 1 wherein said magnetic shield has a sheet resistance is between about 0.15 and 0.45 ohms per square.
- 4. The method recited in claim 1 wherein said layer of conductive material is Cu, Al,10 Au, or Ag.
  - 5. The method recited in claim 1 wherein said layer of conductive material has a resistivity between about 2 and 10 microhm-cm.
  - 6. The method recited in claim 1 wherein said layer of conductive material is deposited to a thickness between about 0.5 and 5 microns.
- 15 7. A magnetic shield structure comprising:

a magnetic shield having the form of a layer that has a surface and a resistance; and

on said magnetic shield, a layer of conductive material having a resistance, parallel to said surface, that is between about 0.2 and 0.1 times said magnetic shield resistance.

- 5 8. The magnetic shield described in claim 7 wherein said magnetic shield is NiFe, CoZrNb, NiFeCr, NiFeTa, or FeAlSi.
  - 9. The magnetic shield described in claim 7 wherein each of said magnetic shields has a sheet resistance between about 0.15 and 0.45 ohms per square.
- 10. The magnetic shield described in claim 7 wherein said layer of conductive material10 is Cu, Al, Au, or Ag.
  - 11. The magnetic shield described in claim 7 wherein said layer of conductive material has a resistivity between about 2 and 10 microhm-cm.
  - 12. The magnetic shield described in claim 7 wherein said layer of conductive material has a thickness between about 0.5 and 5 microns.
- 15 13. A process to manufacture a CPP GMR magnetic read head, having low AMR noise,

comprising:

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providing a substrate;

depositing on said substrate a lower conductive layer, having a resistance in the plane of the substrate;

depositing on said lower conductive layer a lower magnetic shield layer having a resistance that is between about 0.2 and 0.1 times said in-plane resistance of said lower conductive layer;

forming a CPP GMR stack on said lower magnetic shield;

depositing on said CPP GMR stack an upper magnetic shield layer having a resistance in the plane of the substrate; and

depositing on said upper magnetic shield layer an upper conductive layer having a resistance that is between about 0.2 and 0.1 times said in-plane resistance of said upper magnetic shield.

- 14. The process recited in claim 13 wherein said magnetic shields are NiFe, CoZrNb, NiFeCr, NiFeTa, or FeAlSi.
- 15. The process recited in claim 13 wherein each of said magnetic shields has a sheet resistance between about 0.15 and 0.45 ohms per square.
- 16. The process recited in claim 13 wherein said lower conductive layer is Cu, Al, Au,

or Ag.

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- 17. The process recited in claim 13 wherein said lower conductive layer has a resistivity between about 2 and 10 microhm-cm.
- 18. The process recited in claim 13 wherein said lower conductive layer is deposited to a thickness between about 0.5 and 5 microns.
  - 19. The process recited in claim 13 wherein said upper conductive layer is Cu, Al, Au, or Ag.
  - 20. The process recited in claim 13 wherein said upper conductive layer has a resistivity between about 2 and 10 microhm-cm.
- 10 21. The process recited in claim 13 wherein said upper conductive layer is deposited to a thickness between about 0.5 and 5 microns.
  - 22. A CPP GMR read head having low AMR noise, comprising:

on said substrate, a lower conductive layer, having a resistance in the plane of the substrate;

on said lower conductive layer a lower magnetic shield layer having a resistance

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that is between about 0.2 and 0.1 times said in-plane resistance of said lower conductive layer;

a CPP GMR stack on said lower magnetic shield;

on said CPP GMR stack, an upper magnetic shield layer having a resistance in the plane of the substrate; and

on said upper magnetic shield layer, an upper conductive layer having a resistance that is between about 0.2 and 0.1 times said in-plane resistance of said upper magnetic shield.

- 23. The read head described in claim 22 wherein said magnetic shields are NiFe, CoZrNb, NiFeCr, NiFeTa, or FeAlSi.
  - 24. The read head described in claim 22 wherein each magnetic shield has a sheet resistance of between about 0.15 and 0.45 ohms per square.
- 25. The read head described in claim 22 wherein said lower conductive layer is Cu, Al, Au, or Ag.
- 15 26. The read head described in claim 22 wherein said lower conductive layer has a resistivity between about 2 and 10 microhm-cm.

- 27. The read head described in claim 22 wherein said lower conductive layer has a thickness between about 0.5 and 5 microns.
- 28. The read head described in claim 22 wherein said upper conductive layer is Cu, Al, Au, or Ag.
- 5 29. The read head described in claim 22 wherein said upper conductive layer has a resistivity between about 2 and 10 microhm-cm.
  - 30. The read head described in claim 22 wherein said upper conductive layer has a thickness between about 0.5 and 5 microns.
- 31. The read head described in claim 22 wherein said upper and lower shields are separated by no more than 0.08 microns.
  - 32. The read head described in claim 22 wherein AMR noise is reduced by 14 20 dB.